

In 2015, the **José Pedro Castro (JPC)** concluded his PhD in Biomedicine, **University of Porto**. He then joined **Tilman Grune's (h-index 108, Google Scholar)** lab to study how aging contributes to proteostasis loss and cellular dysfunction (2015-2018) leading to >15 papers published as first, contributing or even corresponding author. One relevant manuscript as senior author was recently accepted in *Comms Biology* (2023) showing how aging primarily affects fast skeletal muscle fibers. **In 2018, the JPC joined Vadim Gladyshev's lab (h-index 133, Google Scholar)** at Harvard Medical School upon being awarded with the highly competitive **DFG Max-Kade Foundation fellowship** to study the biology of aging using systems biology approaches. The **JPC has received 9 awards and/or honors, including Early Research Career Award (2010) and Young Investigator Award (2013) and CEEC 5<sup>th</sup> Ed. Assistant Researcher** being ranked third (2022.00872.CEECIND). He's also a reviewer for several scientific journals and a review editor for *Redox Biology* and *Frontiers in Aging*. He is the corresponding author of 5 publications. **He has also attracted national funding showcased by the FCT IC&DT as Principal Investigator.**